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July 8, 2016 Laura Bolt

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Elixirs & Co Voyages Flower Elixir

Bach flower remedies have been used by those in the know for over 70 years to cure everything from insomnia to anxiety. This blend utilizes ingredients like hornbeam, honeysuckle, and elm to calm and prevent jet lag. Simply add a few drops to your water bottle and sip your way to a more pleasant landing.

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